SLAM
Stop Look Analyze Manage

SLAM is an idea that MSHA (Mine Safety and Health Administration) came up with a few years back. The idea is to help create a healthy and safe work place. By remembering SLAM, workers are more likely to stop work if a task appears unsafe or to stop their co-workers behaving in an unsafe manner.

Stop
Stop the task and think. Look at each step. Ask:
  Is this a new task?
  Has the task changed?
  When was the last time I did this task?
  Do I feel comfortable doing this task?
  If not, do I need training?

Look
Look before, during and after completion of the task. Always:
  Inspect the work area for potential hazards.
  Identify the hazards.
  Evaluate.

Analyze
Are workers equipped to perform the task safely?
  Knowledge.
  Training.
  Tools.

Manage
Employees should take appropriate action to eliminate or minimize any hazards on site.